



Suffolk User Forum
The New Hollies, Unit 3,
Grange Business Centre,
Kesgrave, Ipswich, IP5 2BY
01473 907087
www.suffolkuserforum.co.uk
hello@suffolkuserforum.co.uk

18th October 2022

Dear SUF Community Member,

Here is my regular letter following SUF's last board meeting which I hope you will find interesting.

Date for your diary – our annual members' meeting (AGM) which we are offering in person or on-line

We're very much looking forward to being able to meet people at our first face to face AGM since 2019, or on-line on Zoom. The date for your diary is the morning of 15th November 2022 and we will hold the face-to-face meeting in Kesgrave Conference Centre (Kesgrave War Memorial Community Centre, 12 Acre Approach, Kesgrave, IP5 1JF). One of our successes over the last two years has been our Healthy Together project which supports people who have severe mental health problems to access their physical health care entitlements. It's a great example of what can be achieved when we work in partnership, and it also shows the unique contribution that SUF can make to people's lives. There will be a special presentation about Healthy Together as part of the meeting.

I said at the last AGM that I hoped to be able to hold the 2022 AGM both in person and on-line, and I can confirm that we will be trialling the provision of the AGM on Zoom as well as in Kesgrave. There will be some adjustments regarding voting for those joining on-line. Details to follow.

Finances

You probably won't be surprised to hear that much of our time at the SUF board is spent looking at our finances and working to secure future funding. At the time of writing, we're in touch with commissioners in order to understand our likely financial position from April 2023. We will give you an update as soon as we know the situation and we will also include this as part of our AGM meeting presentation in November.



Suffolk User Forum
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Our newsletter

You may remember that a year ago we asked members what they thought of using an email newsletter instead of one published on paper. We said that we would trial it for a year and then review the situation. Over the last year we have sometimes struggled to send out two emails a month (as we hoped) because of staff shortages but on the whole the move to email has been cost effective and has meant that we have been able to share information more quickly. So, we plan to continue using email as our main way of keeping everyone up to date.

That's all for this month. Thank you for your continued support for SUF. I will write again after our December 2022 board meeting.

Yours sincerely

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Chair of Trustees

