



# How Do We Heal?

A series of open conversations for our communities

Covid-19 has affected each of us in very different ways. To move forward we need to understand people's experiences throughout the pandemic, reflecting on the impact Covid-19 has had on our communities, through an open conversation. These conversations will help shape the way that future services are supported and delivered.

The Integrated Care System (ICS) is holding two open conversations for each of our Alliance areas; one acknowledging the health inequalities in our communities and the other understanding your specific healthcare experiences throughout the pandemic, and asking the question, ***How Do We Heal?***

Come and join us to talk about your experiences within Primary Care & Mental Health

Wednesday 12 May  
12.00 - 13.30

[Click here to join the meeting](#)

Come and join us to talk about Health Inequalities within communities and the Family/Carer experience

Wednesday 19 May  
12.00 - 13.30

[Click here to join the meeting](#)

